

Medical Plan

Blue Light Weekend

2nd & 3rd August 2025



Introduction

The Blue Light Weekend has been organised by the Withernsea Blue light committee and will take place on the South Promenade, Withernsea with the control centre at the RNLI Lifeboat Station, HU12 2HU. (What3Words: Manifests. Jungle. incoming)

On Saturday the **main risks identified are the Raft Race, 1 Mile Swim, ½ mile swim, and Colour run**. There are other events taking place but not at the same time. The Mascot event carries some potential risks with regards to heat and or dehydration depending on weather.

There are no physical activities planned for the Sunday.

This Medical Plan has been produced based on the event management and safety plan, in conjunction with the organiser.

Aim

To lessen the impact of the event's activities on local NHS Resources.

Objective

Adequate First aiders are on site to provide emergency first aid to members of the public, participants and event staff as needed. First Aiders will be on hand to cover the immediate event area and any event related incidents within the footprint of the event.

Communications

Radio communication will be used during the event. The Motorola radios will operate on channel 16. Broadnet Radios will be available as back up.

Radios will have been checked prior to the event.

If there are any communication issues, mobile phones will be used.

Radio checks should be carried out by all radio users at the start of their shift and regularly throughout the event.

Emergency Radio Codes

These codes to be used to report certain threats.

“Gingerbread” – Maintain current location and maintain radio silence.

“Code Blue” – Report of a Fire, location to follow.

“Code Yellow” – Crowd disturbance, location to follow.

“Code Grey” – Bomb/Terror Threat

“Code Black” – Terrorist Attack

“Code Orange” – Suspect package, location to follow.

“Code Green” – Lost Child

If a team wants to report suspicious activity and is in within ear shot of the public, then the following communication is to be made: “Control from (Callsign), request swap with team Red”, control will then ask for exact location and liaise with security. Do not approach anyone, maintain visual contact from a safe distance. When security arrive, a handover will consist of a description and the reasoning as to why the activity was suspicious and direction of travel.

Health, Safety & Welfare

All identified first aiders are to work in pairs to create a team. When approaching a casualty the team must conduct a dynamic risk assessment and relay any relevant information to the control room. Where a situation is felt to be hazardous, the first aid staff are to withdraw to a place of safety and await direction from the team leader. Should an Event Stopping Incident occur, the code of the day shall be “Gingerbread”x3 all staff will remain in position unless in immediate danger.

Infection Prevention & Control

When dealing with patients, gloves and apron must be worn.

All patient contact areas and equipment to be cleaned between patients as per policy.

Level 3 kit must be worn when performing an aerosol generated procedure (AGP) e.g., resuscitation.

No nail polish/false nails to be worn.

All clinical waste to be disposed of via yellow and black tiger striped plastic bags and the bags will be transported for final disposal. It is not anticipated that infectious waste will be generated through first aid activity but should any occur then it will be double bagged into orange plastic bags. Disposal will be via the clinical waste collection service from Withernsea Community Hospital.

Manual Handling

Current Manual Handling Practices to be followed. Dynamic Assessment to be carried out using TILE. No equipment for manual handling of casualties will be utilised by first aiders unless trained and supported to do so for the safety of the casualty.

Automated External Defibrillator (AED)

A portable AED will be located with the First Aid lead, further AEDs available 24/7 to the public are located at:-

- Withernsea Fire Station
- Spread Eagle
- Meridian Centre
- Withernsea Lifeboat Station
- Willows Holiday Park
- Golden Sands Holiday Park



Control of Substances Hazardous to Health

All substances that fall under COSHH to be transported, used and disposed of as per COSHH policy and COSHH assessment.

Violence and Aggression

This is a low-risk event however, any staff experiencing any act of violence or aggression must report it to control. This may be done after retreating to a place of safety.

Marauding Attack/Mass Casualty Incident

All staff to approach with caution using STEP 1,2,3 approach. IF ANY DOUBT STAFF MUST NOT APPROACH.

RUN

Run to a place of safety. This is a far better option than to surrender or negotiate. If there's nowhere to go, then...

HIDE

It's better to hide than to confront. Remember to turn your phone to silent and turn off vibrate. Barricade yourself in if you can. Then finally and only when it is safe to do so...

TELL

Tell the police by calling 999.

To report suspicious activity over the radio, staff are to use the phrase “*callsign* request Team Red swap”. The team leader will then ask for your exact location followed by a series of yes/no questions and will liaise with Security to send a response.

Safeguarding

All Safeguarding issues to be raised as per Safeguarding Policy.

Timings**Saturday 2nd August 2025**

Event Timings 10:00 – 17:00

First Aid Cover 09:00 - 17:00

Sunday 3rd August 2025

Event Timings 10:00 – 16:00

First Aid Cover 10:00 - 16:00

Area of responsibility

First Aiders will respond to medical emergencies within the event area as specified by the event boundaries. Event-related injuries beyond these areas may be tended to at the discretion of the event organisers. Escalation for further support beyond the scope of First Aid will be via NHS 111 / NHS 999. This includes escalation to walk in urgent care treatment centres.

Access and Egress routes

The Promenade is easily accessible via a number of streets that lead on to the promenade.

Medical Intelligence

Competitors have been advised to complete medical details for the swim and the run.

Staff in safety boats will deal with casualties in the water and bring them to the water's edge for treatment.

- Minor injuries unit East Riding Community Hospital, Swinemoor Lane, Beverley, HU17 0FA

- Minor injuries unit Bransholme health centre, Goodhart Rd Bransholme. HU7 4DW
- Urgent treatment centre, Hull University Teaching Hospital, Analby Road Hull HU3 2JZ
- A&E Hull University Teaching Hospital, Anlaby Rd, Hull HU3 2JZ

All incidents will be reported to the Event Director and First Aid Co-ordinator.

Event Director - Dave Penson 07740061526

First Aid Event Control - City Health Care Partnership CIC

All first aid staff are trained in accordance with QualSafe first aid training requirements.

Logistics

Deployed at the event will be the following:

First aid Co-ordinator:

Saturday 2nd & Sunday 3rd August 2025 situated at First Aid post located at Seacroft Road

Jacqui Laycock 07894797330

First Aid Rota listed below for cover across the 2 days.

KEY:

(Time)

- *Blue Indicates All-Day First Aiders*

(Location)

- *Orange Indicates those located Central / ambulatory*
- *Yellow Indicates those located in the North*
- *Lilac Indicates those located in the South*

Patrols will be carried out during the day/shift so primary location may vary, First Aiders will be allocated accordingly to need by the First Aid Co-ordinator.

Saturday 2nd August 2025:

Time	Location Zone	Role	Name	Contact details
All-Day PRIMARY CONTACT / COORDINATOR	First Aid	First Aid Control & first aid assistance	Jacqui Laycock	07894797330
All-Day Stationary	Italian Gardens Saturday	First Aider	Sandie Eddom	07805013460
All-Day Stationary Saturday	Seacroft Rd Saturday (AED)	First Aider	Jacqui Laycock	07894797330
All-Day	Walking patrol of Promenade + relief for stationary	First Aider	Tony Megson	07872989016

Sunday 3rd August 2025:

Time	Location Zone	Role	Name	Contact details
All-Day PRIMARY CONTACT / COORDINATOR	First Aid	First Aid Control & first aid assistance	Jacqui Laycock	07894797330
All-Day Stationary	Italian Gardens Sunday	First Aider	Vanessa Hancock	07912260354
All-Day Stationary	Seacroft Rd Sunday	First Aider	Jacqui Laycock	07894797330
All-Day	Walking patrol of Promenade + relief for stationary -	First Aider	TBC	

Events List and Timings

Event Programme

Note: as this is a working document it is anticipated that the event programme and schedule will be updated right up to the event weekend.

The latest programme schedule will always be published on the Blue Light Weekend website (www.bluelightweekend.com)

All times and order of events are approximate and subject to change. Some events may be weather / tide dependant and cancelled if not deemed safe on the day.

Major Incidents

In the event a major incident is declared; this will be explicitly announced over the radio using the term “major incident declared”. At this point it is essential to maintain radio silence and await further instruction from the event manager.

During the event, radio systems will be used to quickly pass information to all event staff. Full details of the Emergency announcements can be found in the Event Management Plan.

A declaration of a major incident will come from the Event Safety Officer. Contact will be made with the Humber Tactical Coordination Group via agreed escalation route.

Evacuation of the event will be coordinated by the Event Safety Officer and first aid staff will support event staff in evacuating the event grounds and triaging & treating casualties as required.

In the event of a major incident, the lead and control will be defined by the Tactical Gold command and First Aid / medical support will be given as directed and required until they are stood down by the Emergency Services.

The rendezvous point for First Aid / medical staff will depend on the location of the incident: First Aid co-ordinator will be located at Seacroft First Aid post.

Contacts

Name	Title	Company	Tel
Dave Penson	Event Safety Officer, Event Director	N/A	07740061526
Andy Medcalf	Event Director	N/A	07734882305
Jacqui Laycock City Health Care Partnership CIC	First Aid Co-ordinator & Registered Nurse Jacqui.laycock@nhs.net	CHCP	07894797330

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